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Dark Sides to Immigration:

This article scrutinizes how immigration have these dark sides on where they come from and how its getting to their mental health , especially children. For the research topic we are exploring the hardships that immigrants face before, during, and after migrating into the US. Over the years immigration has changed in many ways, for better and for worse. Immigration has become such a difficult and tedious process, which can absolutely take a toll on the mental health of the people who just want to move and start better lives. Violence and crimes also play a major role in why people are looking to flee from their home countries in the first place. Moreover, the research will allow us to dig deeper into the violence and crimes that immigrants are faced with, while also learning how these things can be traumatizing and cause a lot of emotional damage.

Keywords

Annotations Area 1: The effects that deportation has on families.

Derby, Joanna . “The Burden Of Deportation On Children In Mexican Immigrants Families”, Journal of Marriage and Family, volume 74 issue 4 , 13 July 2012, p.829-845,<https://doi.org/10.1111/j.1741-3737.2012.00989.x>

Derby has stated that there have been numerous of Immigrants being slowed down and taken away from the United States. In the Article , she explained how enforcement has had an impact on Mexican families, mostly children specifically. She put on to say that , they have been doing interviews on families to hear about their experience from being deported back. They have been used as a pyramid by public health professionals. The deportation pyramid basically delineates the burden of deportation on children. Some families have faced permanent dissolution, meaning

they have been struggling without that person being involved in the family. I am involving this in my research because this goes to show that families still struggle from deportation till this day

Gonzalez , Nelly. “The aftermath Of deportation : effects on the family,Revista Interamericana de Psicología/Interamerican Journal of Psychology - 2012, Vol. 46, Num. 3, pp.

459-468<https://www.redalyc.org/pdf/284/28425871014.pdf>

Gonzalez Talks about how she tries to understand how latino families are affected the most when a family member is being deported back. People tend to say that deportation is a societal phenomenon . Most of the families that are being affected are mostly from Mexico and also their family being born over in the United States. The families all have different stories on what happened to them .I feel like the children are affected the most in this situation because they have to see their mom or dad struggle on their own without the other parent’s help . The situation is hard to overcome because they have so much to do , just to get that one family member back.

Annotations Area 2: **How immigration affects mental health and can often result in trauma.**

Nguyen, Jacqueline, Hughes, Kelli , Donnay, Sandra, Girag, Cagla, and Scott, Taylor.

“Trauma-Informed Response To Immigration Policies and Practices, community psychology,

January 27, 2020<https://www.communitypsychology.com/trauma-informed-responses/>

This policy Represents how children and families experience trauma before and after the immigration process. It explains how mostly children faced violence, famine, educational neglect and criminalization. The local Communities can help children heal and thrive. The communities are here to help them feel safe knowing what they are going through at the time. They have different people that are associated with the community . The family separation leads to trauma and basically largely reverse. When threatened by being deported is also traumatic to the children.

Vincent, Isabel and Golding, Bruce “ Adult male migrants released for transport across US:report”, New York Post, January 25, 2022

<https://nypost.com/2022/01/25/video-shows-adult-male-migrants-released-for-transport-across-us-report/>

This Post mostly explains how migrants were being transferred over to the Us From being sheltered or in a center. Basically being forced into a process for immigrants, not even knowing where they were being taken to. Some people were saying how they don't even want them over here or they don't belong over here. Just so much was going on in that moment of being transferred from bus to bus or place to place. At the time the border was still a thing and was not dying down for the people trying to cross over to see their families, that's already over here . Just imagine how they felt knowing they have to go through such a thing like that to see a loved one .

May, Sarah. “Trauma Exposure During Immigration: Important considerations for professionals working with Latina Immigrant populations.” Quintero, Danielle. *Cambio de colores*. Cambio Center at The University of Missouri, 2013.

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<https://mospace.umsystem.edu/xmlui/bitstream/handle/10355/48943/2013-MayQuintero.pdf?sequence=1>

This research article created by Sarah F. May and Danielle Quintero was published by the Cambio center at the University of Missouri and was also shared at a Multistate conference about integration of immigrants in 2012. This article focuses on the traumatic experiences, specifically among latina women, that occur at the Mexican-US border. Throughout the article rape is mentioned a lot when talking about experiences that women have when trying to migrate into the United States. People do not feel safe, and often take precautionary measures to protect themselves before going to the border. A specific precautionary measure includes women taking birth control before facing guards at the border because of how common rape has become.

I think that this article will be beneficial to our paper because it allows us to dig deeper into the trauma and bad experiences that happen during immigration.

Annotation area 3: **How violence and crimes impact immigration.**

"As Immigration increases, violent crime falls or stays the same" PBS NewsHour, Apr 1, 2018 https://www.youtube.com/watch?v=7RXs_1b-yJs&t=3s

According to the video, president Trump claims that immigrants bring crime to america. He campaigned on immigrants that they are criminals and bring drugs to america. Which is pushing

very harsh policies on immigrants and people are asking “do immigrants actually increase crime”. Immigration actually went up while the crime rates were going down . So immigrants really don't have anything to do with bringing violence over to the United States. They compared the different crime rates to different countries and the rates were not moving up or down; the only thing that was going up was immigration in different states. Publishers wanted to force that crime rates were going up because of the migration but couldn't find a single thing .

Jaycox.H lisa “ Violence exposure, Post Traumatic stress disorder and depressive symptoms among recent immigrants school children”[Volume 41, Issue 9](https://doi.org/10.1097/00004583-200209000-00011), September 2002, Pages 1104-1110<https://doi.org/10.1097/00004583-200209000-00011>

This source explains how children are at risk for violence exposure and experiences before, during and after immigration. They surveyed these immigrant school children about their experience from violence exposure of where they come from. Most of the children experience PTSD from their situations. Mainly the girls experience more than the boys .These children experience violence in their lifetime . That was just something they couldn't get away from at the time . When you're used to seeing something everyday like that , then that becomes very normal to them . They also predicted that the depressive symptoms came from the violence exposure as well .

Conclusion

After exploring all the sources I've found, The contentious topic I will be addressing in my paper is to dig deeper on why immigrants face so many hardships when immigrating. Throughout my research, I have discovered that there are a lot more harsh realities to immigration that the media doesn't discuss. There are many things these articles portray about the dark side of immigration and what they go through on a daily basis. Most of the authors

interview people that have experienced first-hand trauma from immigration, this allows readers to gain a realistic view into the minds of immigrants.

Joanna Derby talks about how law enforcement affects immigrant families, children, and women. The author discusses how deportation causes drastic changes and can often alter their futures. The author Nelly Gonzalez talks about the aftermath of deportation and how immigrants are separated from their families and sometimes never see each other again. The article that talked about trauma experience before and after shows that immigrants go through that process and explains how the children face violence, neglect and criminalization. They also tell how local communities help the immigrant families heal and overcome the situations they have been through.

While many of our sources talk about the aftermath of immigration, we have a few that discuss the specific types of situations they have been through. For example the article “Trauma Exposure During Immigration: Important considerations for professionals working with Latina Immigrant populations.” by Sarah May discusses the horrendous acts that are made by guards at the border. The article sheds light on the different precautions that women take when preparing to cross into America, and it allows readers to understand how common and disgusting these issues are.

We hope to use all of these sources to provide accurate research and information. We also hope that our paper will help people understand the harsh realities of immigration and hopefully it will inspire people to protect immigrants and find safer ways for them to start new lives in the US.

Works cited

“As Immigration increases, violent crime falls or stays the same” PBS NewsHour, Apr 1,

2018 https://www.youtube.com/watch?v=7RXs_1b-yJs&t=3s

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