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Rereading Appalachia: Literacy, Place and Cultural Resistance

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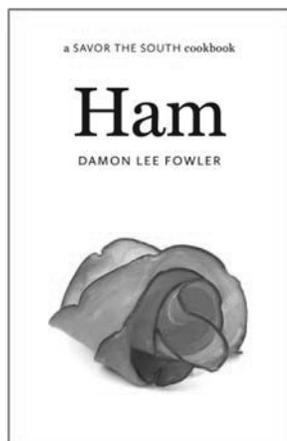
and Lovie Shelton's stories provide an overview of the history of midwifery as well as its social history in the Appalachian region.

Is it preachy? Yes. Is it didactic? Certainly! But these are Lovie's words and Yarger presents an honest, entertaining portrait of a remarkable woman. Know that up front and readers will find much to think about. For those of that consider our professions to define us, there is even more to think about.

This volume is of value to women's studies providing a narrative of the roles and perceptions of women for the last hundred years. Recipient of the 2017 American College of Nurse-Midwives Media Award, it is also a good choice for those considering midwifery as a profession as Lovie Beard Shelton gives the good along with the bad. Other books to consider exploring include *Listen to Me Good: The Life Story of an Alabama Midwife* by **Linda Janet Holmes**, *Mary Breckinridge: the Frontier Nursing Service and rural health in Appalachia* by Melanie Beals Goan, and *Motherwit: an Alabama Midwife's story* by Onnie Lee Logan.

Sandra C. Clariday
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Ham: A Savor the South Cookbook. Damon Lee Fowler. Chapel Hill: University of North Carolina Press, 2017. ISBN: 978-1-4696-3589-7 (Hardback); 978-1-4696-3590-3 (ebook) 141 p. \$16.96.



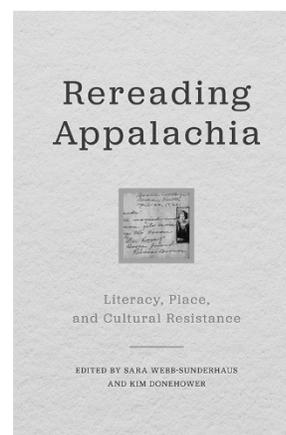
Ham: A Savor the South Cookbook is an enjoyable and entertaining work of genius sharing above fifty delectable sounding ham recipes, ham culinary techniques, and the history of pigs.

Author Damon Lee Fowler makes his home in Savannah, Georgia. Mr. Fowler is the culinary author for *Savannah Morning News* and has written eight other superb cookbooks. An interesting section Ham Basics includes details on dry-curing, brine-curing, country ham, old ham, picnic ham, ham hock, ham knuckle, ham steak, seasoning

pieces, center-cut slices, boiled ham, canned ham, and pressed ham. Techniques and Basic Recipes consists of explanations of sautéing, frying and pan-frying, pan-broiling, baking, boiling, glazing and toasting. The recipes are easy to follow. The number of servings for each recipe is provided. Attention-grabbing facts about each section topic intrigue the reader. For instance, the section Ham Salads, Biscuits, and Sandwiches shares John Montagu Earl of Sandwich created the sandwich to munch on while he was in card games. Above each recipe is thought-provoking information about the recipe. To honor Italy's soprano Luisa Tetrazzini, ham (or ham and turkey) tetrazzini was invented. The southern United States includes ham in tetrazzini in contrast to the Italians who use chicken. Prosciutto stuffed zucchini is often feasted on by Italians on the Ligurian Riviera. What's more, Ilda's ham and potato gratin is a dish the author savored as a student in Portofino and San Frutuoso Italy. Fascinatingly, the author suggests dining on old-fashioned southern hambone soup without heating the soup during warm meteorological conditions. Fried rice like the recipe Helen's ham fried rice is a meal in China in comparison to the United States appreciating fried rice as a side dish. Ham lo mein is ham with thin Chinese noodles or thin spaghetti. Ham and eggs a la Suisse with Gruyere or Emmentaler cheese is much-loved in Switzerland. Cubans partake of a scrumptious sandwich recipe called Cubano packed with ham, pork, and Swiss cheese. Prosciutto and eggs are frequently relished in Montepulciano, Tuscany. Twenty-two assorted *Savor the South* cookbooks by other authors are available as of 2012. *Ham: A Savor the South Cookbook* is an absolute must for public and academic libraries and splendid as a gift. This magnificent masterpiece is excellent for researchers of ham and people looking for wonderfully delicious ham recipes.

Melinda F. Matthews
University of Louisiana at Monroe Library

Rereading Appalachia: Literacy, Place and Cultural Resistance. Sara Webb-Sunderhaus and Kim Donehower, eds. Lexington: The University Press of Kentucky, 2015. ISBN 978-0-8131-74426. (pbk, \$28); ISBN 978-0-8131-6559-2 (cloth, \$50); ISBN 978-0-8131-6560-8 (epub, \$50); ISBN 978-0-8131-6561-5 (web pdf, \$50). 238 p.



Why select this book to review for a University or College library collection?

Both personal and academic research interests in literacies drew my attention. Born in Kings Mountain, North Carolina, I confess to positive feelings toward the Appalachian Mountains, to Appalachian culture made real for me through its music, art and crafts, to family legacies, and small town ways of life.

Sunderhaus and Donehower's book appealed to me also because I find literacies an intriguing topic. Appalachia may be described using stereotypes such as poverty, corrupt politics, drug abuse, domestic violence, low employment and poorly developed health and medical systems. What did literacies have to do with these civic issues?

The ten essayists in Sunderhaus and Donehower's fine collection are described as "storytellers who are also trained as academicians". (p.1) It seemed very appropriate to me to describe collected research in literacies in Appalachia as stories since that is my memory of how I believe literacies (learning, speaking and civic involvement) evolved within Appalachian families and culture.

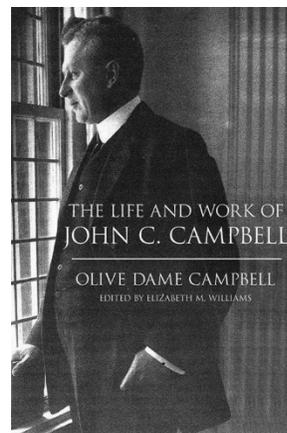
In addition to providing historical perspectives on literacies, a reader is given insights into pressing topics in today's Appalachian communities and regions-- first generation college students completing college and having to leave home to find employment, prejudice toward LGBT community members, growth and infusion of African American art and folklore.

This is a good choice for a library collection in an academic library and will support and provide readings for faculty assignments and continued faculty and student research. While there are no illustrations (it might have been interesting to see a Kentucky Moonlight School) there is a detailed list of references at the conclusion of each essay. The text has 228 pages, and an Index and

Acknowledgements section as well as a biographical sketch of each essayist.

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The Life and Work of John C. Campbell. Olive Dame Campbell; edited by Elizabeth M. Williams. Lexington: The University Press of Kentucky, 2017. ISBN 978-0-8131-6854-8 (cloth, \$60); ISBN 978-0-8131-6855-5 (web pdf, \$60); ISBN 978-0-8131-6856-2 (epub, \$60). 720 p.



If you are a letter writer, or if you collect family letters and correspondence, you will truly enjoy this gift from the family of John C. Campbell and Olive Dame Campbell. Going from the opening of the book beginning on page 9, you will be led into a fascinating collection of correspondence. Who were John C. Campbell and Olive Dame Campbell is revealed throughout the well organized chapters of their lives from 1867 to 1919.

This beautifully bound volume of 720 pages holds a significant collection of correspondence amassed during the life of John C. Campbell. Dr. Campbell's wife, Olive Dame Campbell, and her close friend, Elizabeth M. Williams, edited the original documents that are presented in this book.

The Russell Sage Foundation became John C. Campbell's ally in his lifelong passion to define and help others to understand the people known as Southern Highlanders. John C. Campbell and Olive Dame Campbell reveal and document through the collected letters a strong social activism and determined reform efforts they employed to raise awareness and build respect for the peoples of Appalachia.

Cover notes highlight the various types of documents used to create the volume, "never before published this unique volume draws extensively on diary entries and personal letters to illuminate the significance and lasting impact of John C. Campbell's contributions".

There is an extensive collection of manuscripts and other archival items on the life and work of John C. Campbell and Olive Dame Campbell held for researchers at Wilson Library at the University of North Carolina in Chapel Hill. Also visit the John C. Campbell Folk School in Brasstown, North Carolina <https://www.folkschool.org/>