

# The Crambo

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## June 12th, 2016

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**Cover Page Footnote**

The submission "A How To Guide for Depression" copies the format (but no content) from "How To Look at Mexican Highways" by Monica de la Torre.

JUNE 12, 2016

by Molly Margaret  
Western Carolina University

My feet are spotted magenta,  
Swollen, ready for birth.  
Still, they try to dance,  
To the beat of a *bachata* DJ mix.  
What a night...  
*Pero ay güey—mi cabeza.*

Waking up to the sound of  
My heartbeat  
Pulsing  
In my  
Forehead.

Facebook broke the news,  
And then began the phone calls.  
*"I used to live there..."*  
*No one personally, no...*

*I love you, too, boo."*

The following days we cried  
Together,  
Hugged and mourned  
Together.

*"Dude, that could have been us..."*  
*"I know... I'm shaken too."*

Places once filled with the same sanctuary  
That Atlanta club we danced in was named for...  
*Sancutario.*  
The only place some of us could be  
Ourselves.  
You couldn't ruin them  
But now I know every exit.